

CURRICULUM VITAE

AMRUTHA D.HOLLA
1397,4TH WEST CROSS,
K.M. PURAM, MYSORE-570004,
INDIA.

PERSONAL DATA

Date & Place of birth-July 1, 1974, Manoor in Karnataka.
Citizenship- India.
Married to- Mahesh P.A.

PRESENT OCCUPATION

Private consultative medical practice at
Allergy asthma and chest center, Mysore,
Karnataka, India.

EDUCATION

Sarada vilas college, Mysore- India
Kasturba Medical College
Manipal Academy of Higher Education, India.
1994-1998, Degree - MBBS.

MEDICAL TRAINING

1998-1999 Rotatory Internship MAHE, Manipal, India.
1999-2001 Allergy and Immunology- Allergy, Asthma and Chest Center.
2001 National Jewish Medical and Research Center, Denver Colorado, USA,
2006-2007 diploma in allergy and asthma, CMC , Vellore.

LICENSES

License to practice medicine in India.

MEMBERS AND ASSOCIATIONS

Member of Indian Academy of Allergy.
Member of Indian College of Allergy, Asthma and Applied Immunology

VOLUNTEER AND SOCIAL ACTIVITIES

Patient evaluation, education, free medicine distribution:

1. Lions camp at Mysore city.
2. Rotary camp at Hunsur town.
3. Vanitha Sadan Camp, Mysore.
4. Kannika Parameshwari Temple Camp, Mysore.
5. St.Mary's Convent Camp, Mysore.

RESEARCH ACTIVITIES INCLUDING PRESENTATIONS AND PUBLICATIONS AS ATTACHED.

RESEARCH ACTIVITIES

INTERNATIONAL PUBLICATION

Review Article in "Current opinion in Allergy and Clinical Immunology" 2002, 2: 141- 145

Title: - Endotoxin, atopy and asthma

Amrutha D. Holla, Sitesh R. Roy and Andrew H Liu

Original Article in " Annals of Allergy Asthma and Immunology" April 2006

Title: - Lower Prevalence Of Atopy And Asthma In Rural Children In India Is Associated With Animal Contact And Microbial Exposures

P. K. Vedanthan, P. A. Mahesh; Rajesh Vedanthan; **Amrutha D. Holla**; Andrew H. Liu

INTERNATIONAL PRESENTATIONS

1. ALLERGY PROFILE IN PATIENTS WITH URTICARIA

PK Vedanthan, PA Kushalappa, Amrutha, PA Mahesh

AMERICAN COLLEGE OF ASTHMA, ALLERGY AND IMMUNOLOGY

NOV. 3-8, 2000 SEATTLE, WA,

2. COMPARISON OF ALLERGY PROFILE AMONG URBAN, SEMIURBAN AND RURAL PATIENTS WITH ALLERGY IN SOUTH INDIA

Amrutha D Holla, PA Mahesh, PK Vedanthan, Prashanth D Holla

AMERICAN COLLEGE OF ASTHMA, ALLERGY AND IMMUNOLOGY

NOV 16-20, 2001 ORLANDO, FLORIDA, USA

3. INFLUENCE OF ENDOTOXIN EXPOSURE ON ATOPY AND ASTHMA PREVALENCE IN SOUTH INDIA

PK Vedanthan, PA Mahesh, Amrutha D Holla, Rajesh Vedanthan, AH Liu

AAAAI CONFERENCE, MAR 1-6, 2002 New York, USA

4. AUTOLOGOUS SERUM TESTING AND ITS CLINICAL IMPLICATIONS IN CHRONIC IDIOPATHIC URTICARIA

P.A. Mahesh, PK Vedanthan, Amrutha D Holla, PA Kushalappa, Suhrutha D Holla

THIRD CONGRESS ON ALLERGY AND IMMUNOLOGY, MALAYSIA Jan 25-27 2002.

5. PARADOXICAL EFFECT OF COW DUNG EXPOSURE ON CHILDHOOD ATOPY IN RURAL AND URBAN CHILDREN IN SOUTH INDIA.

PK Vedanthan, **PA Mahesh**, Amrutha D Holla, R Vedanthan, AH Liu.

AAAAI CONFERENCE, MARCH 2003, DENVER, USA

6. CLINICAL SIGNIFICANCE OF AUTOLOGOUS SERUM TESTING IN PATIENTS WITH CHRONIC URTICARIA

PK Vedanthan, PA Mahesh, Amrutha D Holla,

Aspen Conference, July 2003

7. PREDICTIVE EFFECTS OF AUTOLOGOUS SERUM TESTING IN THE MANAGEMENT OF CHRONIC URTICARIA

PK Vedanthan, **PA Mahesh**, Amrutha D Holla, PA Kushalappa. AAAAI CONFERENCE, MARCH 2004, San Francisco, USA

8. FACTORS PREDICTING MEDICATION ADHERENCE IN PATIENTS RECEIVING IMMUNOTHERAPY

PK Vedanthan, PA Mahesh, Amrutha D Holla, Giridhar B
Aspen meeting, July 2004

9. SECULAR TRENDS IN THE PREVALENCE OF ALLERGIC RHINITIS AND ASTHMA IN MYSORE

P A Mahesh, PK Vedanthan, Amrutha D Holla, Praveen
Trans Pacific Allergy and Immunology Society meeting, Nov, 2004

10. MISSING DOSES AS A PREDICTOR OF POOR MEDICATION ADHERENCE IN PATIENTS RECEIVING SPECIFIC IMMUNOTHERAPY

P A Mahesh, Vedanthan PK, Amrutha DH, Giridhar BH, Parthasarathy G
World Allergy Congress, Munich 2005, June 26- July 1

11. NORMOGRAM FOR AUTOLOGOUS SERUM TESTING

Vedanthan PK, **Mahesh PA**, Amrutha DH, Ajay Sharma, Prabhakar AK
ACAAI meeting, November 2005

12. REPRODUCIBILITY OF MISSING DOSES AS A PREDICTOR OF NONCOMPLIANCE IN PATIENTS RECEIVING SPECIFIC IMMUNOTHERAPY

P A Mahesh, Vedanthan PK, Amrutha DH, Rajesh , Prabhakar AK
AAAAI meeting, Miami, Florida, March 2006

NATIONAL PRESENTATION

PREVALENCE OF FOOD ALLERGY, ORAL ALLERGY SYNDROME, FOOD INTOLERANCE AND ASYMPTOMATIC SENSITISATION AMONG ALLERGIC SUBJECTS

PA Mahesh, PK Vedanthan, Amrutha D Holla, Venkatesh L Hegde, Yeldur P.Venkatesh

ISOLATION AND CHARACTERIZATION OF FOOD ALLERGENS FROM PLANT SOURCES (EGG PLANT)

Y.P.Venkatesh Ph.D. (CFTRI, Mysore) PA Mahesh DNB, Amrutha, MBBS

CLINICAL RESEARCH EXPERIENCE

1. Phase-II trial, on Asthma (2004Feb to 2005Jan)
2. Phase-III Clinical Research on COPD (2005 Mar to 2005 May).
3. Phase-III Clinical Research on Asthma (2005 June to 2005Nov)
4. Phase-III trial on Asthma patients (2005 June to 2005Nov)
5. Phase-III trial, on Asthma patients (2005 Aug to 2006 Jan).
6. Phase-IV trial, on Asthma patients. (2006 Feb to 2006 July).
7. Phase-III trial on Asthma patients (2006 Feb)
8. Phase-III trial, on Asthma patients (2006 Aug to 2006 dec).
9. Phase-IV trial, on Asthma patients(2006 nov to apr 2007)
10. Phase-III trial, on COPD patients (2006 nov to till date).